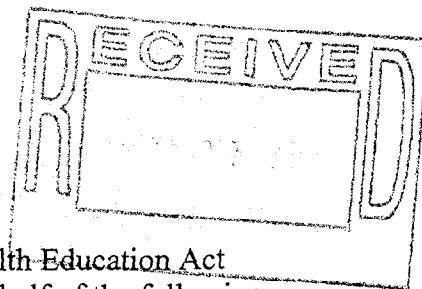


NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA



In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® Move Free Plus Collagen, Product #11821** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure function claim for **Arthred G™ (hydrolyzed collagen), Glucosamine hydrochloride & Chondroitin sulfates** is as follows:

- (Statement 1) Helps Maintain Healthy Joints
- (Statement 2) This is a natural product that works gradually to help joint and cartilage tissue. Allow 8 weeks of daily use before expecting noticeable results.
- (Statement 3) Arthred™ is the clinically studied, patented form of hydrolyzed collagen that supports joint mobility and structural integrity of cartilage and other joint tissue.
- (Statement 4) Glucosamine HCL helps increase the production of proteoglycans found in cartilage and synovial fluid and helps increase joint fluidity and lubrication.
- (Statement 5) Chondroitin sulfate helps maintain structural integrity of joints and blood vessels. Supplies essential cofactors for cartilage protection and lubrication.
- (Statement 6) In addition, Glucosamine helps stimulate new cartilage growth and includes Chondroitin which lubricates joints and helps build and maintain joint cushion health. This combined effect is particularly beneficial for athletes and those who occasionally over-stress their joints.

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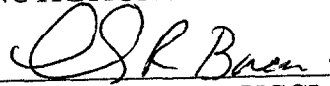
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I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International., Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 13th day of November, 2000.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI

Vice President of Research